BREAKFAST

Served Monday - Friday till 10:30 am

Fruit Parfait…….……$3.45
Muffins……$1.95
Cinnamon Rolls……...$2.25
Scones……..…$1.75
Bagels…….…..…$1.20
CreamCheese(Light,Strawberry,Reg.)..50¢
Breakfast Sandwich……...…$3.25
Egg & cheese with either ham, bacon or sausage on your choice of croissant, bagel or wheat toast.
Breakfast Burrito……..….……$3.25
Scrambled eggs, olives, tomato & cheese in a tomato basil tortilla with a side of fresh salsa.

Add meat . 85¢

Biscuits & Gravy……...(full order).. $3.00
Biscuits & Gravy……...(half order).. $1.35
Sausage Biscuit……...$1.75
Order of Bacon/ Sausage……$1.10

Add cheese. 25¢

LUNCH

SOUP OF THE DAY

Served with crackers

Bowl …….……$3.40
Cup…….…….$2.60

SALADS

Served with crackers

DRESSINGS

Parmesan Peppercorn, Fat Free Balsamic Vinaigrette, Honey Mustard Hot Bacon, Ranch, Caesar.

Side Salad…….……$2.95
House Salad *(Tomato, cucumber, Colby-Jack cheese & croutons)*
Caesar Salad (Caesar dressing, Parmesan & croutons)

Add chicken. .85

Bowl of Fresh Fruit Salad……..…$3.25
Caesar Salad……..…….$5.35
Crisp Romaine lettuce tossed in Caesar dressing, topped with Parmesan cheese & croutons
Chicken Caesar Salad..…….…….$6.00
Greek Chicken Salad…….….$6.50
Baked chicken, olives, tomato, cucumber & feta cheese on romaine lettuce served with Balsamic vinaigrette
Chef Salad…….…….…….……...$6.25
Turkey, ham & bacon with tomato, egg, Colby-Jack cheese & croutons.
"Sufficient" Salad……..$6.50
Your choice of Ham, turkey, baked chicken, tuna salad or curry chicken salad on crisp romaine with tomato, bell peppers, onion, mushrooms, black olive & sprouts, topped with Colby-Jack cheese and croutons.
Chicken Fajita Salad…….…….$6.60
Baked fajita chicken, onion, black olive, tomato, bell pepper, jalapenos & guacamole on romaine lettuce served in a toasted tortilla bowl with sides of fresh salsa and ranch dressing.

All sandwiches come with your choice of baked potato salad, fresh fruit salad or chips and pickle.

COLD SANDWICHES

Cucumber Sandwich…….……..…$4.65
Cream cheese, cucumber, sprouts & tomato on honey wheatberry or sourdough bread
Curried Chicken OR Tuna Salad…..$5.65
Our fresh, homemade chicken curry OR tuna salad, green leaf lettuce & tomato on honey wheatberry or sourdough bread
Traditional Ham & Swiss……..$5.75
Black forest Ham, Swiss cheese, lettuce & tomato with Dijon mustard on honey wheatberry or sourdough bread
Smoked Turkey & Pepper Jack…….$5.75
Smoked breast of turkey, Pepper Jack cheese, lettuce & tomato with mayo on honey wheatberry or sourdough bread
Jive Turkey…….$5.85
Smoked breast of turkey, Pepper Jack cheese, lettuce, tomato, sprouts & guacamole on honey wheatberry or sourdough bread

Half sandwiches available on request with cold sandwiches only

Welcome to the Best Coffeehouse in Metro Downtown

HOT SANDWICHES

Toasted sandwiches are also available on sourdough bread

BLT……..…..$5.70
Crispy bacon, green leaf lettuce, tomato & mayo on honey wheatberry bread

French Dip…….…….....$6.10
Handsliced hot roast beef, Swiss cheese & Bistro sauce on a hoagie roll with Au Jus

Portabella Mushroom Sandwich…..$6.15
Marinated Portabella caps, Pepper Jack cheese & fire roasted red bell peppers on a toasted hoagie roll

Toasted Ham & Swiss./……..…$5.95
Black Forest Ham, Swiss cheese, lettuce, tomato & Dijon mustard on a toasted hoagie roll

Toasted Turkey & Pepper Jack……$5.95
Smoked breast of turkey, Pepper Jack cheese, lettuce & tomato with mayo on toasted hoagie roll

Cheese Melt…….……...$4.65
A combination of Swiss, American & Pepper Jack cheeses with tomato on toasted honey wheatberry or sourdough bread

WRAPS

All wraps come with your choice of baked potato salad, fresh fruit salad or chips and pickle.

The "Weedeater" Wrap……..…..…$5.65
Fresh mushrooms, bell peppers, lettuce, tomato, cucumber, sprouts, onion, black olive, Colby-Jack cheese & guacamole on a fresh tomato basil wrap, served with a side of Cattleman's sauce

Club Wrap…….……..$5.75
Smoked breast of turkey,ham, bacon, lettuce, tomato, American cheese & mayo on a tomato basil wrap

Chicken Club Wrap…….…...$5.75
Baked chicken, bacon, Swiss cheese, lettuce, tomato & mayo on a tomato basil wrap ***(served warm)***

Chicken Fajita Wrap……..$5.85
Our Famous chicken fajita wrap- made with Baked fajita chicken, tomato, black olive, bell pepper, jalapenos, Colby-Jack cheese, guacamole & ranch on a tomato basil wrap served with a side of fresh salsa

Tuna OR Curried Chicken Salad Wrap………….$5.65
Our fresh, homemade chicken curry OR tuna salad, lettuce & tomato on tomato basil wrap

Chicken Caesar Wrap….…….…….$5.65
Baked Chicken, crisp romaine lettuce, tomato & creamy Caesar dressing on a tomato basil wrap

Turkey Wrap…..…….……..$5.65
Smoked breast of turkey, Colby-Jack cheese, mushroom, tomato, black olive & Cattleman's sauce on a tomato basil wrap

BLT……..……..…….$5.75
Crispy bacon, lettuce, tomato, Swiss & guacamole on tomato basil wrap

COMBOS

Quiche & Soup OR Salad……..…....$6.95
Our fresh Homemade Quiche with a cup of our soup of the day OR side salad

Soup & Salad…….……..$5.65
A cup of our soup of the day & a side salad and crackers

Sandwich & Soup OR Salad……$7.15
Your choice of sandwich OR wrap with a cup of our soup of the day OR side salad

Half Sandwich & Soup or Salad…...$5.25
Wraps not included

Ask about our daily lunch specials

&

Be sure to join us for Quesadilla Friday's

HOT DRINKS

Brewed Coffees & Other Creations

Today's Coffee…...……1.50/$1.75

Café au Lait……..……..…$2.00/$2.75

Your choice of today's coffee with steamed milk.

Mocha Joe……..……..…..$1.75/$$2.25

Your choice of today's coffee with chocolate syrup.

Flavored Cow……..…..…. $2.50/$3.00

Café au Lait with your choice of flavored syrup & topped with whipped cream.

Espresso Based Coffees

Espresso……..……...$1.50

House Jolt……..…..…..…$2.25/$2.75

Shot of espresso with our house blend coffee

Cappuccino……..……..……$2.50/$3.25

Espresso with steamed milk, capped with frothed milk.

Latte……...……...$2.50/$3.25

Espresso with steamed milk

Mocha……..……..……$3.00/$3.50

Espresso, steamed milk, chocolate syrup & topped with whipped cream

Café Americano……..……$1.75/$2.25

Espresso with steamed water

Chocolate Monkey..……$3.25/$3.75

One of our signature blends- Espresso, steamed milk, chocolate & banana flavors

Milky Way……..…..……$3.25/$3.75

Another popular concoction- Espresso, steamed milk, chocolate & caramel flavor

SOY MILK ……..……25¢

ESPRESSO SHOT……..……..…50¢

DECAF ESPRESSO AVAILABLE

OTHER FAVORITES

Steamer……..……..……..$2.25/$2.75

Steamed milk, flavor & whipped cream

Oregon Chai®……..……$2.75/$3.25

Exotic blend of spices & black tea from India combined with milk, served hot or cold

Hot Tea……..……..……..……$1.50

Hot Chocolate.……..……$2.25/$2.75

Additional Flavors…………..…….50¢

Chocolate, Hazelnut, Caramel, Almond, Irish Cream, Vanilla, Chocolate Mint, Coconut, Cherry, Banana, Raspberry Sugar-free Chocolate, Caramel, Vanilla & Almond

SUFFICIENTLY COLD

Java Freeze®……..……$3.75

Our signature ice blended coffee sensation, perfect for a hot day or a nagging sweet tooth!

Heart Healthy Smoothies……..……$3.75

Your choice of strawberry, banana or both with non- fat yogurt

Fruit Tea Blast……..……..$3.55

Iced Tea blended with your choice of fruit flavors to create a cool & fruity "Blast" of flavor

"Chai Freeze"……..……$3.75

Just like the original Java Freeze , but instead of coffee, we tempt you with the exotic flavors of the east!

Milk Shakes……$2.75

Iced Coffee……..……...$2.50

Iced Mocha……..……..……..$3.00

Iced Latte……..……..……$2.75

Chocolate Milk……...……$2.00

Italian Soda……..$2.50

Milk……..……..…$1.00/$1.50

China Mist ® Iced Tea…..……..…...$1.25

Soft Drinks.……..…1.25

Bottled Spring Water………$1.50

Orange Juice…..……..……...$1.50

DESSERTS

Fresh Baked Cookies……..……..65¢

Home made Pie……..……..$2.50

Cakes……..…..$2.25 - $3.25

Thanks A Latte!